



SUPERHEROES OF FAITH

Lesson 1 - How Does Faith Come?

Main Idea: When we receive Jesus Christ as our Savior, God recreates our spirit to be just like Him! The Bible says He gives us the measure of faith (Rom. 12:3). So why don't we instantly become faith superheroes? Our spirits have been recreated, but our minds and bodies still need help. That is why we must renew our minds by feeding on the Word of God.

Memory Verse: "Faith comes by hearing and hearing by the Word of God." Romans 10:17

Central Truth: Faith grows weak if it is not recharged by God's Word. Faith is a spiritual force that must be replenished again and again. Just as physical strength can be exhausted, faith can be spent and exhausted in the battles of life. For this reason, we must continue to recharge our faith batteries by reading the Bible. Just because we had strong faith at one time does not mean we always have it. We must continue to feed on the word of God if we are to keep strong faith.

This Lesson Includes:

Skit: "Don't Get Distracted"

Memory Verse

Memory Verse Review Game

Bible Story: "Answers with Abraham"

Object Lesson

Interactive Lesson

Super Hero Test

“DON'T GET DiSTRACTED”

CAST: IncrediMom, IncrediGirl

PROPS: Incredi-Mom costume, Incredi-Girl costume, pillow, cell phone, magazine, game remote, t.v. remote, soccer ball, book, Bible

Place large chair center stage. Incredi-Girl enters and lays on chair, while talking on the cell phone.

INCREDI-GIRL: *(Walks in talking on cell phone)* Yeah, and then we were learning to fly and I crashed right in the middle of a bush AGAIN! Yeah, I know you've heard this story, but it is just so amazing. I mean, I crashed into this bush and there was this huge boa constrictor staring me in the face so what else could I do? I jumped up and then flew into the sky. It was easy after that! Okay, okay, I'll let you go, bye!

INCREDI-MOM: Hey, honey, home from Super Hero School?

INCREDI-GIRL: Yeah, but I think I'm going to play my new video game.

INCREDI-MOM: Well, don't forget to spend time with your Heavenly Father today. You know, you can't be a Super Hero without power. And if you don't read the Bible and pray, you definitely won't have power!

INCREDI-GIRL: Yeah, yeah, I know, but I'll do that later. I'm kind of busy right now.

INCREDI-MOM: Okay, I'll be back in a couple hours. I am sure you'll find time by then.

INCREDI-GIRL: I guess I could go ahead and read my Bible now... *(reaches for her Bible, but sees a new magazine instead)* Oh! Look at this new magazine!! I haven't read this yet!! *(flips through it)* I suppose I should spend time in prayer now... Dear Heavenly Father... *(sees t.v. remote)* Oh! It's almost time for my favorite show! I don't want to miss it! *(watches for a few seconds)* I better get back to praying... Dear Heavenly Father, I come to you in Jesus Name... *(sees her soccer ball)* Oh!! I told Sarah I would meet her at 3:00 to play soccer. I better get my stuff together. I should study my Bible more. It IS my Super Hero Manual, but look at this new book! I wonder what it's about? *(begins to read the book)*

LIGHTS OUT. SHOW SIGN THAT READS, "TWO HOURS LATER."

IncrediGirl is asleep in the chair - snoring loudly!

INCREDI-MOM: Hi Honey, I'm home!

INCREDI-GIRL: Huh, what?

INCREDI-MOM: I'm home. Did you get everything done?

INCREDI-GIRL: Oh no, Mom, I feel really bad. I was going to spend time in prayer and reading the Bible, but other stuff just kept coming up for me to do.

INCREDI-MOM: Honey, that will happen to all of us, if we let it. You have to make time for God FIRST. He will help you get all the other stuff done. The devil tries to distract you with all kinds of things - even good things - so that you won't spend time with your Father. But that is the most important thing you can do. Remember what you learned at the Super Hero Academy? Faith comes by hearing the Word.

INCREDI-GIRL: Maybe I could start my day off in the morning just reading a verse or two and think about it all through the day?

INCREDI-MOM: That's a great idea! Read and meditate on the Word.

INCREDI-GIRL: And I'm going to talk to God first thing in the morning AND when I lay down to go to sleep.

INCREDI-MOM: That will build your faith, too! You can talk to him while you're walking to the soccer field. He's your friend. Talk to Him all through the day.

INCREDI-GIRL: I'm going to make sure I feed my faith!

INCREDI-MOM: That's my INCREDI-GIRL!

MEMORY VERSE REVIEW

Today's Verse: "Faith comes by hearing and hearing by the Word of God." Romans 10:17

Here's a simple way to review your memory verse! Write your memory verse twice on two pieces of poster board. Cut the board up into the same number of pieces. Divide your class into two teams and have them race to put their puzzles together!



BIBLE STORY - ANSWERS WITH ABRAHAM

CAST: Teacher and Abraham

PROPS: Clipboards (*if teacher wants to read lines*), faith t-shirt for under Abraham's robe, Abraham costume

TEACHER: Boys and Girls, we have a very important guest with us today. This guest graduated from the Super Hero Academy with outstanding honors. His nickname is the "Father of Faith." He is a real super hero! Please help me welcome Abraham! (*claps and Abraham enters*)

TEACHER: Thank you for visiting with us today, Abraham!

ABRAHAM: You're very welcome. Did you know that my name wasn't always Abraham?

TEACHER: What was it?

ABRAHAM: It was Abram. One day while I was praying, God spoke to me that I would be the "Father of Many Nations." He changed my name from Abram to Abraham which means "Father of Many Nations."

TEACHER: That's pretty amazing that God would speak to you and change your name!

ABRAHAM: What's even more amazing is that my wife Sarah and I didn't have any children when God said that!

TEACHER: No kids? And God told you that you would be the Father of many nations?

ABRAHAM: Yes, and I believed him. I was about 75 years old when God said that to me. Every time I spoke my name, I was believing in faith that God would fulfill His promise to me.

TEACHER: So how long did it take for God to fulfill His promise?

ABRAHAM: Well, I was 75 years old when God told me I would be the Father of many nations and when our precious, baby Isaac was born I was 100!

TEACHER: You waited 25 years for God to fulfill His promise to you?!

ABRAHAM: I did! 100 is pretty old to have a newborn, isn't it?!

TEACHER: It sure is! How were you able to wait that long, Abraham?

ABRAHAM: Can I show you something?

TEACHER: Of course!

ABRAHAM: (*Opens his robe and reveals his FAITH shirt*) It's called faith! Faith comes by hearing God's Word and believing it. Like I did. And guess what? God doesn't lie. When He tells you something, believe me - it will come to pass! Sarah and I can hardly count all of our children, grandchildren, great-grandchildren... oh, it's so wonderful!

TEACHER: Abraham, you really are a Super Hero of Faith! Thanks for stopping by!

OBJECT LESSON - TAKE YOUR EARMUFFS OFF!

Key Verse: Faith Comes by Hearing and Hearing by the Word of God. Romans 10:17

(Story from Acts 10) Boys and Girls, there is a story in the Bible about a man named Cornelius. Cornelius was a good man, but he was not saved. He was not a Christian. One day, an angel appeared to Cornelius and told him to send his servants to find a man named Peter. The angel told Cornelius that Peter would tell him words that would save him and his whole house! So Cornelius sent his servants to find Peter. He was excited to hear what Peter had to say to him!

Now Peter was a Christian and Peter knew Jesus' command to go into all the world and preach the Gospel. When Cornelius' men came to bring Peter to Cornelius, their master, he went with them. He was excited to share the Good News of Jesus with Cornelius!

Boys and Girls, how do you think Cornelius acted when Peter came into his home? The angel told him that the words this man would share would save him and his whole house. Do you think Cornelius put his earmuffs on and sat in the corner? (*put on earmuffs*) Do you think Cornelius tried to tune out the world. Did he try to muffle the words everyone said? NO! That would be silly! Peter shared about Jesus with Cornelius and Cornelius listened! He heard the words and he had faith to believe them. And he got saved! Not just him, but his whole household! Remember faith comes by hearing. Cornelius had to hear the words about salvation then he had the faith to be saved! Boys and Girls, take your earmuffs off and really hear God's words so faith will come to you!

INTERACTIVE LESSON - FAITH IN MY WORD

You will need two boxes with a different item to eat in each. One good item and one bad item. For example, a big candy bar and a rotten banana peel. The boxes are closed so no one can see inside. Ask for 1 volunteer. See if the child will listen to how you describe the items in each box (*without saying what the items are*) and choose the "good" item based on your words. You want to lead them to the good treat! Talk about how they had faith in your word and believed and it led to blessings! In the same way we can have faith in God's Word, believe it and it will lead to blessings!

SUPERHERO IN TRAINING: _____

TEST – WEEK 1

ANSWER THE QUESTION IN YOUR OWN WORDS!

**WHAT ARE YOU GOING TO DO
TO CHARGE UP YOUR FAITH?**



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